

# Nelson Farms

## EXTENDED LEARNING SERIES:

Attend six or more classes and get a \$10 Nelson Farms gift card!

# Making Local Fit Your Lifestyle

### **EATING BETTER IN THE NEW YEAR, February 15 • 5:30-7:30pm**

Do you want to plant a garden, use a CSA, buy local meat, visit Farmers Markets, or all of the above? Learn about the benefits of joining a local CSA along with basic information about starting your own garden, and local seed catalogs. *RSVP by February 10.*

### **GARDENING 101, March 15 • 5:30-7:30pm**

A Master Gardener will be on-hand to talk about laying out a new garden, choosing vegetable varieties, composting, and all other things "garden." *RSVP by March 10.*

### **MAXIMIZE YOUR BUYING POWER, April 19 • 5:30-7:30pm**

Learn to effectively and economically plan your grocery shopping trips and discover the benefits of buying in bulk! Learn the tricks to making every dollar count and reducing food waste. *RSVP by April 14.*

### **FREEZING & DRYING THE HARVEST, May 17 • 5:30-7:30pm**

Get a jump on handling fresh, seasonal produce! Freezing and drying are quick & easy processes that save you money all year long. *RSVP by May 12.*

### **CANNING THE HARVEST, June 21 • 5:30-7:30pm**

Learn how to can your own pickles, jams, jellies, vegetables and meats. *RSVP by June 16.*

### **FERMENTATION & THE HARVEST, August 16 • 5:30-7:30pm**

Learn how to make kim-chee, kombucha, sauerkraut, pickled cucumbers, beets, and tomatoes to add to your repertoire. *RSVP by August 11.*

### **WORKING WITH WILD MEATS, October 18 • 5:30-7:30pm**

Understand the taste and texture of wild meats and get recipes for cooking, canning, making sausage and drying venison (and other wild game). *RSVP by October 13.*

### **FOOD GIFTS FOR THE HOLIDAYS, November 15 • 5:30-7:30pm**

What better gift to give the ones you love, food! We'll explore plenty of food gift-giving ideas for the holiday season. *RSVP by November 10.*

**CLASS SIZES ARE LIMITED. RESERVE YOUR SPOT BY EMAILING HEWITTA@MORRISVILLE.EDU.  
\$10/ATTENDEE, PAYABLE BY CASH OR CHECK AT EVENT.**